



# CONNECTIONS

*Connecting to Your World*

## Spring Is Here!

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At last, the snow is gone, the lakes and rivers are opening up. Winter seemed to last so long this year, but once spring got a start, it just seemed to go in leaps and bounds. Students are now just beginning to think about the summer break, although they are very busy finishing up courses for this year.

We have had a very busy year here at the Centre. We have an above average enrollment. Here in the Red Lake office we have 17 students enrolled in Basic Literacy and 64 credit courses on the go. The Ear Falls office is quite busy as well. We both have a number of students working on their Academic & Career

### Job Creation

We are very sorry that Brenna Hochstetler's placement is over. Brenna came to us through the Job Creation Program. Brenna left us on April 3, 2009 after 26 weeks. She was a most welcome addition to our staff and did such wonderful work for us. She gave us a whole new look while she was here, redesigning our letterhead, business cards, brochures and even our newsletter.

Entrance (ACE) Certificate.

We have held one First Aid Course and 2 ten week Intro to Computers course this year. Also we have had a few different students working independently on the Excel program and the Microsoft Office Word 2007.

Current economics in the area are bringing more adult learners through the door. Some looking to upgrade their education and some looking to make career changes. We are working hard to accommodate each and every one.

She helped to design our new web page as well. It looks really good, check it out at [www.redlakeadultlearning.org](http://www.redlakeadultlearning.org).

She was a lot of fun and learned a number of new skills. She is looking forward to a move out of the province where she and her husband have new jobs and a bright future. Good luck, Brenna.

## Writing Corner

### Daffodowndilly

By A.A. Milne



“Live as if you were  
to die tomorrow.  
Learn as if you were  
to live forever.”

...Gandhi

She wore her yellow sun-bonnet,  
She wore her greenest gown;  
She turned to the south wind  
And curtsied up and down.  
She turned to the sunlight  
And shook her yellow head,  
And whispered to her neighbour;  
“Winter is dead.”

## Anniversary Celebration

The Centre will  
be closed on  
Monday May  
18<sup>th</sup>. Have a  
good weekend  
and be water  
safe.

The Adult Learning Centre will soon be celebrating their 20<sup>th</sup> year of incorporation. We've been thrilled to grow along with our community all these years. Official celebrations will be held on October 21<sup>st</sup>, 2009.

We are putting together a bit of a history of where we began and what we have become.

Anyone having pictures or stories are encouraged to share these with us. Call us at 727-3207.

## Literacy Facts:

- Today's jobs require highly literate workers – not just the ability to read and write well but thinking skills such as problem solving, decision making, critical thinking, and organizational skills.
- Literacy levels are connected to most of the pressing social and economic issues – unemployment, poverty, homelessness, health, rates of incarceration, social assistance, and child well being.
- A high school education is no guarantee that a person has the literacy skills she/he needs to succeed, but the lack of a high school education is a very strong indicator that she/he does not have the necessary skills.
- Learning doesn't end when we leave school – it is a lifelong process.
- Literacy levels influence the kind of jobs we'll get, the salaries we'll earn, or standard of living, the type of homes we'll live in, the type of education our children will receive and our ability to participate fully in our communities.

## Recipe Corner

### Three Cheese Chicken Bake

8 oz. Lasagna noodles, cooked and drained

½ c. chopped onions

½ c. chopped green pepper

3 T. butter

1 t. basil

16 oz. cottage cheese

1 can cream of chicken soup

6 oz. can sliced mushrooms, drained

½ c. milk

3 C. cooked, diced, chicken

2 C. shredded American cheese

½ C. grated Parmesan cheese

Sauté onion and green pepper in butter until tender. Stir in soup, mushrooms, milk and basil. Heat through.

Arrange half the lasagna in 9 x 13 pan. Top with ½ each sauce, cottage, American and Parmesan cheeses. Repeat with noodles, sauce, cottage cheese and chicken.

Bake at 350<sup>o</sup> for 60 minutes. Top with remaining American and Parmesan cheese and bake for 3 minutes longer or until cheese on top melts. Let stand 15 minutes before serving.

## Ear Falls News

Last month, the program in Ear Falls participated in an Open House sponsored by Contact North, which is located in the Enterprise Centre as is the Ear Falls Adult Learning Centre. The Open House, which also saw participation from the Employment Action Centre and Job Connect, provided an opportunity for local residents to come in and check out the services provided by these agencies. This was especially timely due to the number of lay-offs in the community in the past few weeks. Individuals were able to receive information and ask questions pertaining to further education or training and the employment programs that might provide support to allow them to return to school. The four agencies who participated provided refreshments and gave away door prizes. Another Open House of a similar nature is scheduled for Tuesday, April 21<sup>st</sup>.

### Northwestern Health Unit

We would like to take this opportunity to thank the Northwestern Health Unit for their generous donation to our learning kitchen. We purchased a much needed new stove with that donation. The stove is very much appreciated. We are teaching healthy cooking to our students and it is nice to have a stove and oven that works so well. Thank you!

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We're on the Web!

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## Sponsors for 2008/09

"It is not how much you give or do, but how much you put into giving or doing."  
...and we are very grateful for those people in our lives.

Here is a list of this year's Corporate Sponsors.

- DOMTAR
- Ear Falls Health Unit
- Ear Falls Home Hardware
- Goldcorp –  
Red Lake Gold Mines
- Red Lake Career &  
Employment Services
- Royal Canadian Legion  
– Ear Falls
- Royal Canadian Legion  
– Red Lake
- Stems 'n Such

If you are interested in becoming a corporate sponsor for the 2009/10 year, we have an information package available to anyone interested. Please contact our office for more information.



Mother's Day is always the 2<sup>nd</sup> Sunday in May, this year May 10<sup>th</sup>. It is a day when we take some time to thank the person that brought us into this world and/or cared for us when we were young and now when we are grownups.

Carnation flowers are worn or given at Mother's Day because they represent the sweetness, purity and endurance of mother love. Red carnations have become the symbol of a living mother and white carnations signify that one's mother has died. The House of Representatives in May, 1913, unanimously adopted a resolution requesting the President, his Cabinet, members of Congress, and all officials of the federal government to wear a white carnation on Mother's Day.

### Victoria Day - May 18<sup>th</sup>

The celebration of Victoria Day occurs every year on the Monday prior to May 25<sup>th</sup>. It is the official celebration in Canada of the birthdays of Queen Victoria and Queen Elizabeth II.

