



CONNECTIONS

Connecting to Your World

How We Can Help

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How do I upgrade my skills and education?

This is a question that we hear a lot. Many people do not know where to start and do not know where to go for help. That is our job. All you have to do is call or drop in. We can work with you one on one to determine where you should go and what would be the best direction to take.

What we can do for you.

First we can do an assessment to determine what are your strengths and what are your weaknesses. Then from there, we can start to strengthen those skills that will make you successful.

Upgrading, improving your reading and writing skills.

You can come on a daily basis or at times specified by you to work in a quiet environment to improve your reading and math skills. We have an instructor and the materials that you need, and it is free.

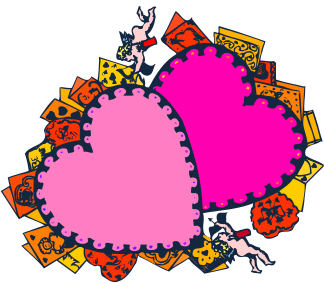
Credit Courses

When you are ready to start working toward your Grade 12 diploma, we have the courses here. We have partnered with Lakehead Adult Learning Centre and so we have an extra team to help you out. These courses are \$60.00 each and that includes materials and instructor and exam invigilating. You move at your own speed and can work here or at home. We have an instructor here that is ready to help you at any time and you can also call your instructor in Thunder Bay for extra help.

It is just that easy and when you are through and graduate, we supply the party. We have a graduation ceremony and refreshments every June.

We can take any adult from grade one to high school graduate and all you have to do is call. It doesn't get much easier than that.

Call us at 727-3207 or visit our website at www.redlakeadultlearning.org



Helpful Hint:

Turn off the TV and video games and set aside one hour each evening for the everyone in the family to do homework and quiet reading

Spring Basket Draw

Watch for our Spring Basket, it is full of goodies and tickets are still just \$1.00 each. Draw will be held on April 16th at the Trade Show.



Financial Literacy

Financial Literacy is having the knowledge to understand personal financial matters, skill to apply that knowledge and understanding to everyday life and the confidence to use the skills and knowledge to make responsible decisions that are appropriate .

Nearly 50% of Canadians struggle with simple tasks involving math and numbers.

What is numeracy?

Numeracy is the knowledge and skills required to apply mathematic operations, either alone or using numbers embedded in printed material, such as balancing a chequebook, figuring out a tip, completing an order form or determining the amount of interest on a loan.

Facts:

- For adult learners their lack of numeracy skills combined with their lack of financial literacy skills compound the difficulty in pursuing a better life for themselves and their family

- 35% of Canadians do not have any savings or investments
- Only 27% of private sector workers are covered by employer-funded pension plans
- The average savings in a RRSP is only \$55,000

Higher literacy and numeracy levels affect.....

- Social, economic and physical well-being
- Opportunities for social and family interaction
- Participation in community activities
- Employability
- Career advancement
- Corporate efficiency

Financial literacy is an essential skill that needs ongoing attention – today's labour markets dictate that individuals have a high level of financial literacy. If left unchecked, the low numeracy skills in Canada could affect Canada's ability to compete in the global economy.

Recipe Corner

Hash Brown Quiche

3 cups shredded hash brown potatoes

1/3 cup butter, melted

Seasoning salt to taste

1 cup diced cooked ham

1/4 cup chopped onion

1 cup shredded Cheddar cheese

2 eggs

1/2 cup milk

Salt and pepper to taste

Preheat oven to 425 degrees. Press hash browns onto the bottom and sides of 9 inch pie dish. Drizzle with melted butter, and sprinkle with seasoning salt. Bake for 20 minutes.

In a small bowl, combine ham, onion and shredded cheese. In a separate bowl, whisk together eggs, milk, salt, pepper, and a little seasoning salt. When crust is ready, spread ham mixture on the bottom, then cover with egg mixture. Bake at 350 for 20 - 25 minutes or until filling is puffed and golden brown.

Classes coming up at the Centre:

Simply Accounting Level I starts in March
Cost: \$60.00 and \$40.00 for manual (optional)

Standard First Aid and CPR

February 12 and 13
8:00am to 4:00pm
Cost: \$130.00

Growin' Your Own

Or How to Have a Successful Vegetable Garden
Starts: February 8, 2011
Every Tuesday at 7 pm for five weeks
Cost: \$50.00

Drop-in Computer every Friday morning
Time: anytime between 9:00am and Noon
Cost: FREE!
Call to book your seat!

Training for Small Business

The Red Lake District Adult Learning Centre will provide small-group and/or individual training to your workforce at your location or at 232 Howey St.

We will provide the following training:

- Microsoft Office applications (ie: word, Excel, Power Point)
- Simply Accounting
- Customer Service Basics

This training may be absolutely free depending on the size and nature of your business.

Please call to see if you qualify, at 727-3207

**RED LAKE DISTRICT
ADULT LEARNING
CENTRE**

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redlakeadultlearning.org

Sponsors for 2010/2011

"It is not how much you give or do, but how much you put into giving or doing." ...and we are very grateful for those people in our lives.

Here is a list of this year's Corporate Sponsors.

- Contact North
- Dr. Matthew Walkiewicz
- Goldcorp – Red Lake Mine
- Hotel 105 Bar and Grill
- Keewaytinook Okimakanak
- Lundy's Foods
- Red Lake Marine Products Ltd.
- Red Lake Lions Club
- Royal Canadian Legion – Red Lake
- Russel S. Smart, Barrister and Solicitor
- Sobey's – Red Lake
- Subway
- The Water Buffalo

If you are interested in becoming a corporate sponsor for the 2010/11 year, we have an information package available to anyone interested. Please contact our office for more information.

Writing Corner

Valentine Smile

On Valentine's Day we
think of those

Who make our lives
worthwhile,

Those gracious, friendly
people who

We think of with a smile.

I am fortunate to know
you,

That's why I want to say,

To a rare and special
person:

Happy Valentine's Day!

...Joanna Fuchs

Coffee House

Don't forget to mark your calendar,
our Coffee House is
on February 26th, 2011.

We will be showing off Red Lake talent again,
singing, playing an instrument and poems.

It is a night just for adults and it is always
such a hit.

We are holding it at the Legion again this year
and as always admission and refreshments are free.

Doors open at 6:30 and
program starts at 7:00pm sharp.

